

Link for Ward/In-Patient Department Management:

Early identification and isolation of patients infected with SARS-CoV-2 are main measure to prevent transmission.

Nursing Officers to be minimized in the wards and should follow the strict Infection control practices as summarized before of PPEs and Biomedical Waste Management. A close watch to be maintained on all the patients for developing any symptoms of SARI and timely communication to the consultant and regional COVID Authorities as per the local protocol.

Strict ongoing temperature monitoring should be conducted twice daily for all patients. In the ward, infected and non-infected patient isolation should be practiced. In ward no-visitor policy should be followed. For communicating with the relatives and friends, patients are encouraged to bring their electronic communication devices. Patient can be encouraged to wear mask.



AMERICAN
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PALS

Vital Signs in Children

Normal Heart Rates* (beats/min)

Age	Awake Rate	Sleeping Rate
Neonate	100-205	90-160
Infant	100-180	90-160
Toddler	98-140	80-120
Preschooler	80-120	65-100
School-aged child	75-118	58-90
Adolescent	60-100	50-90

Normal Respiratory Rates (breaths/min)

Age	Rate
Infant	30-53
Toddler	22-37
Preschooler	20-28
School-aged child	18-25
Adolescent	12-20

Normal Blood Pressures

Age	Systolic Pressure (mm Hg) ¹	Diastolic Pressure (mm Hg) ¹	Mean Arterial Pressure (mm Hg) ²
Birth (12 h, <1000 g)	39-59	16-36	28-42 ³
Birth (12 h, 3 kg)	60-76	31-45	48-57
Neonate (96 h)	67-84	35-53	45-60
Infant (1-12 mo)	72-104	37-56	50-62
Toddler (1-2 y)	86-106	42-63	49-62
Preschooler (3-5 y)	89-112	46-72	58-69
School-aged child (6-7 y)	97-115	57-76	66-72
Preadolescent (10-12 y)	102-120	61-80	71-79
Adolescent (12-15 y)	110-131	64-83	73-84

*Always consider the patient's normal range and clinical condition. Heart rate will normally increase with fever or stress.

¹Systolic and diastolic blood pressure ranges assume 50th percentile for height for children 1 year and older.

²Mean arterial pressures (diastolic pressure + [difference between systolic and diastolic pressure]/3) for 1 year and older, assuming 50th percentile for height.

³Approximately equal to postconception age in weeks (may add 5 mm Hg).

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